

Pumpkin Pie

No refined sugar in this one!

Submitted by: Karleen B

Ingredients:

1 can pumpkin
¾ cup honey
2 tablespoons molasses
½ teaspoon salt (generous)
1 tablespoon flour
1 teaspoon ground cinnamon
½ teaspoon ginger
¼ teaspoon cloves (generous)
3 eggs slightly beaten
1 can evaporated skim milk
½ teaspoon Goodman's Cinnamon
½ teaspoon Goodman's Vanilla
1 frozen pie crust

Quantity: 2 pies

Preparation:

Mix in order given. Pour into 2 pie crusts. Bake 10 minutes at 450 degrees. Then, turn oven down and bake 40 minutes at 350 degrees or until set. May not set as firm as a regular pumpkin pie.

Excellent served with whipped topping. Try flavoring your whipped topping with a teaspoon of Goodman's Cinnamon or Goodman's Almond before serving.